

# Women's ReTreat



with Susan Hite

## Tentative Agenda

### MONDAY

Arrive at your leisure anytime between 1pm and 3pm.

3:30pm Welcome, Overview, Introductions and Purpose

Why are you here?

What's working? What's not?

What would make this a successful reTREAT for you?

5:30pm – Review, Takeaways and Preview of Tuesday

6pm – Free Time

to Reflect, Refresh and get ready for more Fellowship, Fun, Relaxation, and plenty of great drink and food in our lovely home! Our kitchen will be stocked and we will prepare/cook together. Closer to time, I will be getting your food/drink "wishes."



### TUESDAY

8-10am – Breakfast/Fellowship at your leisure  
(you may sleep in, get up at dawn – whatever you DESIRE. During the 8-10am timeframe there will be breakfast foods available in the kitchen at your leisure).

10am – Raising Awareness

Personal Awareness Wheel Activity and Discussion

What do you need? Are you getting it?

How can you raise the probability of getting what you need and want and in the right portions within the right timeframe for you?

12noon – LUNCH

1pm – Raising Awareness

Who are you? What are your natural talents and strengths?

Featuring *Psycho-Geometrics*®, the science of behavior. Each of you will get to do a personal assessment of your strengths and you will receive your scores immediately. We will use this information to help you reach your objectives personally and professionally.

3pm – FREE TIME

You are free to use this time any way you wish. Relaxing at our gorgeous home, shopping at the nearby Tanger Outlet, shopping in the lovely Blowing Rock downtown shopping area, taking a nature hike, canoeing down a mountain stream...whatever you desire!

6:30pm – Appetizers, Drinks and Dinner available starting at 6:30 at our reTREAT home.

OPTIONAL MOVIE after dinner

(For anyone who would like to watch a movie together we will have several great movies from which to choose).

### WEDNESDAY

8-10am – Breakfast/Fellowship at your leisure

(you may sleep in, get up at dawn – whatever you DESIRE. During the 8-10am timeframe there will be breakfast foods available in the kitchen at your leisure).

10am – Inspiration and Information based on your questions and any customization you need to fulfill your objectives for living a more peaceful, balanced, fulfilling and productive life.

11:30am – Review, Takeaways.

12noon – ReTREAT concludes.